

August 2020

Meeting Dates 2020 (Subject to Change!!)

September 18 October 16 November 13 December 11

On September 18 we are hoping to have a different walk in *Günterstal* followed by dinner in *Kybfelsen*. There is no telling currently what restrictions will be in place at that time, and how the weather will be for an outdoor meal. If it is possible to go ahead, we plan to send out an email at the end of August asking you to let us know of your interest in the walk and dinner inside should it be necessary.

The Coordinating Team

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Donation to Boutique Le Sac

The Network is very proud to once again make a donation, this time in the amount of €690, to Boutique Le Sac/Obdach für Frauen thanks to many of our members giving up their annual fee due to the Covid-19 pandemic restricting Network evenings from taking place. We asked new member Tina Knapp (Elisabeth Armbruster's daughter) to share the Team's thoughts with us. She told the Network that they are very grateful for all donations, whether material or financial. With the donations they receive, the team at OFF is able to support women in need with furniture, training, small loans and sometimes even cash. These are not handouts, but are intended as aid towards selfhelp. All recipients are expected to make a contribution towards the help they receive, whether paying a small fee for a piece of clothing, or providing a long-term plan to get a loan or repay larger amounts. Joint efforts with professional institutions in Freiburg mean the Team at OFF gets a lot of support.



L to R: Andrea Zipfel, Renate Ott, Veronika Lehmann, Elisabeth Armbruster, Birgit Nunn

The more people are willing to donate, the more the plight of needy women is perceived by the community, which in turn ensures that the work done by the Team at *OFF* is always noticed and, therefore, more highly regarded. Membership fees alone are not enough to ensure this enthusiastic team achieve their goals. So, thank you dear women of the Network for your contribution and for being a part of *OFF's* success!

Members in the News

Member Chandani Samarathungage Dona is not only passionate about her home country of Sri Lanka, she is equally passionate about its cuisine and cooking, which she learnt mostly from her grandmother. She decided to combine both passions when Covid-19 struck earlier this year forcing her to cancel a planned tour of Sri Lanka with clients in May. Making the most of a bad situation, Chandani decided to take the plunge and introduce her Sri Lanka cooking courses online.

The decision proved to be the right one with former friends getting in touch from different countries, and new cooking enthusiasts coming on board for the first time. Her most recent online cooking course proved to be quite a success story with ten men cooking rice, chicken curry, potato and bean curry, red lentil curry and coconut sambol in the given time of two hours!



Such is the interest in Chandani's Sri Lanka cooking classes that she is gaining notoriety in the *Badische Zeitung* (25 June 2020).

A forum for communication and exchange between English-speaking women in Freiburg











An Evening of Fresh Air and Friendship!

After some restrictions were lifted in our area of Baden-Württemberg at the beginning of July regarding the number of people who may gather together from different households, nineteen of our Network women were delighted to enjoy an evening of fresh air and friendship, culminating in a delicious dinner in the cool setting of Gasthaus Kybfelsen after days of hot, sunny weather. It was a wonderful treat to see so many friends enjoying each other's company again before summer hols get underway. The walk through the forest in Günterstal was fascinating with creative wood sculptures carved from tree trunks and pieces of wood dotted along the way. Many thanks to former CT member Silke Law for showing us the way and sharing titbits of information en route including the history of the Holbeinpferd at our meeting point.

Wishing you All Safe and Happy Holidays!

Whilst Covid-19 is still very much a part of our lives, if we continue to abide by the rules and regulations that have been implemented for our safety, we can only hope that Network evenings can take place again in a more restricted way in the autumn. The Coordinating Team plans to get together soon to discuss the options. In the meantime, we wish you and your families safe and happy summer holidays, and we look forward to seeing you all again soon!





